July 3rd was a beautiful evening on Pleasant Lake as people congregated at the park and beach. They had the opportunity to listen to the Annandale Community Band and then turn to the lake to see the Pleasant Lake Boat Parade. With it falling on a Wednesday night the coordinator, Dave Hogberg, thought the numbers might be down, but there were still ten boats cruising around the lake, with the royalty leading the parade and serving as judges.

Taking third place was the Newberg-Bayer Hawaiian Holiday pontoon with children having a fun time. Second place was a boat taking the theme of the popular show, “Duck Dynasty.” The Ed Mader family played the roles as well as showing some of the catch phrases from the show. Last was the float that involved the demolition of Bendix Elementary in Annandale. There were desks, bricks, globes, and even a dunce with the theme, “they huffed and they puffed…” The Dave Hogberg crew won first place again. There is a rumor that there are four first place boat parade trophies on their mantle!

Thanks to the Pleasant Lake Improvement Association for sponsoring the parade, and especially Dave and Penny Hogberg for chairing the committee. Let’s see how many floats we can have out on the lake next July 3rd.
Fiesta Summer Picnic

Join fellow lake residents at the PLIA Summer Picnic, which will take place on Saturday, August 10th from 3-6 p.m. at the City Park (Annandale Pavilion). This year’s party will be a summer FIESTA! A taco bar will be served, along with music, games, crafts, pinatas, and a raffle of prizes. This year there will be a salsa contest, so if you have a special recipe please consider entering! Root beer floats, cotton candy and snow cones will be fun treats for the entire family. So come by foot, or boat or car, and spend a fun afternoon with friends and neighbors, new and old!

Fishing Contest

The Pleasant Lake Fishing Contest will be held on Saturday, August 17th, from 8-12. Participants are asked to gather near Dave and Gloria Warner's home on the center of the South side of the lake by 8 a.m. Entry fee is $10 per boat. Prizes will be awarded for the largest fish in two age categories: Adults and Children 10 and Under. So load up a boat with family and friends, and have a fun morning fishing!

Chiggers: Are they in our lake?

TIM HABLE

As folks gathered to watch the parade on the 4th, there were some that had red spots on their arms and legs. There were some with just a few spots. Others were covered! “They were out on Clearwater (lake) yesterday” was the buzz that was generated...right after the snicker!

I went to various websites to understand these critters a little better. Chiggers are found primarily out of the water, but the symptoms displayed by me and the Clearwater lake contingent point unmistakably to chiggers. Swimmers’ itch appears to be a rash, whereas chiggers look like measles. This juvenile mite transfers their enzymes to the skin with their bite, and that causes the problem. They do NOT burrow into the skin and remain there, as I had heard growing up. Their bites or stings cause the angry red blotches, which cause an intense need to scratch the itch for one or two days. Topical remedies include calamine lotion and corticosteroid. Taking an antihistamine, such as Benadryl, helps the process as well. Your doctor may also prescribe treatment in severe cases. The good news, in all of this, is that there are no long term complications. It will take a couple of weeks for the red blotches to disappear, but the itching does ease after a couple of frustrating days. As Harry Truman said, when asked of the job of President, “sometimes it's like being a jack-ass in a hailstorm. You just have to stand there and take it.” That comment applies here as well.

So, stay out of the weeds. Aquatic or on shore. Spray exposed feet and ankles with Deet while walking along a shoreline with vegetation. Don’t think it can’t happen on OUR lake. I’m the proof!

Paddle Against Pollution

Annandale Paddles Against Pollution is taking place Sunday, August 18th on Pleasant Lake. All paddlers - canoe, kayak, SUP, paddleboat - are invited to meet at the City Park Beach at 4 p.m. Bring bags to collect trash along the shores. We will divide, conquer and meet at the Clearwater-Pleasant Lake Beach for a picnic. Have a spouse or friend meet there with a dish to share. We will enjoy some community fun! Spread the word! This event is brought to the lake by the Heart of the Lakes SUP Club. Learn more about stand up paddle boarding in the area by visiting Heart of the Lakes SUP on Facebook!
Successful 28th Triathlon

GLORIA WARNER

One of the largest events of the summer is held on Pleasant Lake on the third Sunday of July. For the past 28 years “The Heart of the Lakes” triathlon has been held in our small town. It brings over 900 to a 1000 entrants to swim, bike, and run throughout the Annandale area.

This year the weather was perfect from the beginning to the end. The 500 plus volunteers met on Saturday night for a picnic, and then the fun run was held with over a hundred children competing in a race. They ran in several heats according to the class they attended in school.

On Sunday morning bright and early the volunteers arrived, and greeted the elites as well as individuals and teams that wanted to accomplish a life long dream.

Many participants stated that “The Heart of the Lakes” is their favorite race of the summer… Way to go, Annandale, as well as the Pleasant Lake community!

A special thank you to our current members for your support!

Jim and Sharon Peterson
Ron and Doreeta Nelson
Jim and Shirley Bauer
Pat and Gail McCue
Joe and Jan Carlson
Brad and Pat Andersen
Randy and Gary Grachek
Carolyn Harper
George and Maureen Arenson
Shirley Olson
Marvin Marohn
Dean and Bonnie Hoglund
Cathy Petersen
Brian and Judy Dahlberg
Gladye Bandimere
Gary and Rita Larson
John and Jill Bishop
Dave and Gloria Warner
Leo and Deb Kilk
Kathleen O’Keefe
Matt and Tina Honsey
Joe and Jody Zylstra
Kevin and Gale Bergstrom
Dr. Jon and Robin Strohschein
Traci and Tom McCormick
Mike and Christie Pellegrine
Mike and Coreen Dougherty
Bob and Terry McMahon
Doug and Linda Johnson
Ron and Diane Yanish
Jim and Rhonda DiOrio
John and Connie Pellegrine
Ron Johnson
Merle and Pat Marohn
Richard and Janette Meyer
Roger and MaryAnn Humola
Carole Newberg
Bill and Corwyn Johnson
Cheryl and Greg Olson
Dave and Penny Hogberg
Tim and Sue Ole
Tim Hable
Russ and Lynn Vetch
Vince and Penny Lundeen
Fred and Phyllis Radde
Harvey and Maureen Fraber
Eileen Goracke
John and Julie Sedey
Joe and Renee Joyce
Mike and Katie Joyce
Mike and Sue Carlson
Steve and Kelly Bruggeman
Jeff and Rebecca Harkman
Bernice Schmidt
Kathryn Brevik
Doris Miller
Don and Carole Hausken
Dr. Bruce and Natalie Karg
Roger and OK Nan Johnson
Fred and Cynthia Notermann
Todd Froemming
Dave and Toni Boie
Tim and Nancy Whitesell
Dr. Chris and Cathleen Wallyn
Dave and Nancy Haugland
Thomas and Barbara Monson
Diane James (Proell)
Dennis and Sandi Baert
Jim and Amy Miller
Duane and Norma Verch
Carleen Hart
Tim and Ann Everett
Curtis and Maggie Nilson
Dennis and Marietta Artston
Steve and Sandy Beckman
Paul and Mary Iverson
Craig and Betty Johnson
Eric and Nancy Stack
Peter and Sue Fiedler
Denny and Mary Lou Rasset
Al and Laurie Knudson
Steve Miller
Joe and Jamie Pellegrine
Roger and Peg Beuning
Joe and Judy Bayer
Tim and Ellen Lohse
Ray and Karen Larsen
Ed and Jen Mader
Dave and Barb Lundberg

(Top) The Triathlon Fun Run was held for kids on Friday, July 19th. Pleasant Lake resident Katie Nilson (5) is shown approaching the finish line! (Middle) Lake residents Tina, Brett (12) and Matt Honsey all competed. (Far Left) The Recovery Crew (Left) Two of the oldest race finishers, at 70 and 89 years old!
Special Mentions

- Congratulations to 2012-2013 Miss Annandale Riley Bruns on being crowned the 2013-2014 Queen of the Lakes at the Minneapolis Aquatennial on Friday, July 19th!
- Ed and Jen Mader donated their $200 prize winnings from the Annandale Lions Medallion Hunt last fall to the Pleasant Lake Improvement Association. Thank you Mader family!
- Thank you to Dave Haugland, lake resident and owner of Impressive Prints in St. Paul, for donating the printing of our newsletters!

Membership Renewal Form  (Remit to PLIA, PO Box 71)

NAME

PRIMARY MAILING ADDRESS

CITY     STATE     ZIP

LAKE ADDRESS

CITY STATE ZIP

EMAIL ADDRESS (Print Clearly)

PRIMARY PHONE     LAKE PHONE

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Annual Membership Dues.......... $35.00  
(Not Tax Deductable, Membership is Jan 1-Dec 31)

*Water Quality ..................$ ________  
Improvement Fund (Voluntary Donation)

Your support allows us to continue programs of improving water quality, however dues alone are not enabling us to treat all of the area that should be for Curly Leaf Pondweed. Any additional donations will enhance our efforts in keeping our lake clean and this invasive plant in check.

Total: $ ________